Understanding what you care about and how to express it through service is a lifelong journey that evolves over time. Use these prompts to reflect on what your core values are and what service means to you.

- Why do you serve?
- What are you learning?
- What change are you currently trying to make in the world?
- What are your core values?
- Who inspires you?
WHAT DO YOU STAND FOR
Exploring values through service

Want to share what you StandFor? Here’s how:

Step 1: Snap a photo or record a video! Get a selfie-style shot that we can share on social media.

Step 2: Write or say a brief statement about your core value and why it’s important to you.

Step 3: Email haascenter@stanford.edu with your submission, name, pronouns, and department (staff) or class year (students).

Step 4: We’ll take it from there. Find your post on the @cardinalservice Instagram account with hashtag #SUStandFor.

Step 5: Get your socks! Use the QR code below to submit that you made a post. Then stop by the Haas Center on the 1st floor to pick up your socks. Pick-up times are Mondays & Wednesdays, 1:00-5:00pm.