

Halper Summer Fellowship Learning Plan: A Living Document

Academic Learning Goals

- Learning more about the immigrant experience (how they are treated, how race plays into their experience, how queerness defines their life, etc.) within the context of a different country (Spain).
 - Achievable by asking fellow co-workers about experiences they have heard about the intersection of queerness and migrant status. Also attainable from doing research outside of work on immigrant queer experiences in the United State.
 - Measurable by keeping a weekly journal due weekly to my boss or academic advisor on the experiences that I hear about, statistics that I read or learn about regarding influx of queer immigrants or rate of discrimination against queer immigrants specifically.
 - Also measurable from presentations that I might be giving on the job, writing a Comparative Paper between U.S. and Spanish relations, planning a presentation for Comunidad, or Cardinal Quarter Transcript Application.
- Learning about why immigrants and refugees from both Latin America and other countries leave their country of origin. Which systems of oppression in their home countries are working against them? Do those systems coalesce into push factors?
 - Achievable by working with both Kif-Kif and Fundación La Merced Migraciones and asking if surveys or research has been done about why people leave their home countries and why they specifically choose Spain. Listen to people and try to understand their complex experiences. Don't put words in their mouth.
 - Measurable through my ability to explain the root causes of migration of queer individuals to Spain.
 - Also measurable via weekly journal entries (see above.)
- Learn more about resources that are available to queer immigrant/refugees in Madrid, Spain. (STIs, ways to prevent them, ways to treat them, other safety practices, etc.)
 - Achievable by participating in events regarding resources and health issues.
 - Measurable via presentations I may be giving while working for Kifkif and/or La Migración Merced and by conversations I am able to have regarding the topic.
 - Also measurable by including this information in potential presentation that Elvira wants me to prepare for Comunidad.

Skill Objectives

- Preparation: Learning how to manage time more efficiently in order to balance my work-life and my regular life.
 - Practicing how to keep track of my assignments and commitments, working swiftly and thoroughly.
 - Devoting time throughout the day on Google Calendar to work on certain assignments and projects.

Alan Arroyo-Chavez
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- **Asking for help when I become stumped on a project, but don't let the work fall on others.**
- Pacing myself. When one assignment is taking too long to finish, pause the work on that assignment and turn to another that needs the same amount of attention.
 - Designating blocks of time for myself to fit in events that I want to attend, outings that I want to have with friends, and process any emotions or practice self-care.
- Preparation: Log onto Kifkif's main page and delve even deeper—learn about the current projects that they have been working on. Find out more about the people that they work with.
- Preparation for the Future: Update LinkedIn Profile.
 - By June 14th, log onto LinkedIn, edit profile to make the information more current.
 - Keeping a journal throughout the summer is **imperative** in order to note down concise descriptions of projects on LinkedIn and Resume.
 - Remember to use the Intention + Action + Result model explained during the BEAM Workshop at the Haas Center.
 - Add Kif-Kif internship to LinkedIn **after start date**

Personal Objectives

- Reflection: Teach yourself to get into the habit of journaling. Learn to value reflection.
 - Write a Journal Entry once a week at the end of the week. Ask yourself the following questions:
 - What have you done this week at the office?
 - What challenges have you encountered throughout this week? If yes, what did you do? If not, what were some things that could have become a challenge and how did you deal with them?
 - What are some fun things you did throughout the week? Did you hang out with friends, did you catch up with old friends? Did you call friends or family?
 - How are you emotionally? Do you miss home? Have you been reflective about the places in Madrid that you were in? Are there any bad memories that are resurfacing?
- Reflection: Set designated FaceTime hours with your friends and family. Sunday nights could be the time to set two hours to calling your friends.
 - Calling friends and family will provide you with support when you might need it.
 - If things seem rough and I feel like no one in the city might understand me, calling the people that know you best might be the best way to refresh yourself.